

Jesus made the following 12 promises to St. Margaret Mary in favor of those who consecrate to the Sacred Heart, in a spirit of reparation, the First Friday of each month.

- 1. I will give them all the graces necessary in their state of life**
- 2. I will establish peace in their homes.**
- 3. I will comfort them in all their afflictions.**
- 4. I will be their secure refuge during life, and above all, in death.**
- 5. I will bestow abundant blessings upon all their undertakings.**
- 6. Sinners will find in My Heart the source and infinite ocean of mercy.**
- 7. Lukewarm souls shall become fervent.**
- 8. Fervent souls shall quickly mount to high perfection.**
- 9. I will bless every place in which an image of My Heart is exposed and honored.**
- 10. I will give to priests the gift of touching the most hardened hearts.**
- 11. Those who shall promote this devotion shall have their names written in My Heart.**
- 12. I promise you in the excessive mercy of My Heart that My all-powerful love will grant to all those who receive Holy Communion on the First Fridays in nine consecutive months the grace of final perseverance; they shall not die in My disgrace, nor without receiving their sacraments. My divine Heart shall be their safe refuge in this last moment.**